



Living Kidney Donor Selection Criteria

Transplant hospitals determine candidacy for transplantation based on existing hospital-specific guidelines or practices and clinical judgement.

Here are the criteria to be a living kidney donor at UAMS:

1. The donor must be over the age of 18.
2. The donor must not have any major medical or psychiatric illnesses requiring treatment before donation including evidence of suicidal ideation.
3. The donor must not have diabetes.
4. If the donor has hypertension (high blood pressure), they must not require more than one medication to control it.
5. The donor must not have any active malignancy (cancer) or a malignancy that has not been completely treated.
6. The donor must not be pregnant.
7. The donor must not be excessively overweight, each case will be assessed individually.
8. The donor must not smoke for at least 6 weeks prior to surgery.
9. The donor must have the ability to understand the risks of the surgery and be able to comply with the instructions for follow-up.
10. There can be no suspicion of donor coercion.
11. The donor must not have an abnormal GFR/Renal Disease
12. There must be no illegal financial exchange or other influence or persuasion.
13. The donor must have a caregiver (The caregiver for the living donor must not be the same caregiver that the recipient will have).
14. The donor must not have untreated Hepatitis B or C.
15. The donor must not have an active infection at the time of donation.
16. Female donors: Must not have a history of Pre-Eclampsia (High blood pressure when pregnant)