

UAMS News Bureau

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Free Family Caregiver Workshop Set for Aug. 29 in El Dorado

EL DORADO – The Schmieding Home Caregiver Training Program of the University of Arkansas for Medical Sciences (UAMS) will hold a free family caregiver workshop Aug. 29 in El Dorado for those who would like to learn about caring for an adult with dementia or Alzheimer’s disease.

The workshop is open to the public and will be held from 10 a.m. - 4 p.m. at South Arkansas Center on Aging, 106 W. Main Street, Suite 306. For more information or to register, please call 870-639-1744 or email BNMoore@uams.edu. Snacks and drinks will be provided. Space is limited.

Taught by Bethany Moore, R.N., the workshop will present an overview of dementia and Alzheimer’s disease and provide caregiving tips that maintain respect, dignity and quality of life for the person living with dementia. Information will also be presented on nutrition, behavior, communication techniques and activities.

About 452,000 family caregivers in Arkansas provide an estimated \$4.7 billion in unpaid care each year, helping their loved ones with bathing and dressing, cooking meals, transportation, finances and complex medical tasks like wound care and injections.

This event is sponsored by the Arkansas Geriatric Education Collaborative at UAMS, part of the Geriatric Workforce Enhancement Program funded by the Health Resources and Services Administration. The program improves the quality of care for older adults through education by offering programs for health professionals, first responders, family caregivers and direct care workers.

UAMS is the state’s only health sciences university, with colleges of Medicine, Nursing, Pharmacy, Health Professions and Public Health; a graduate school; a hospital; a northwest Arkansas regional campus; a statewide network of regional centers; and seven institutes: the Winthrop P. Rockefeller Cancer Institute, the Jackson T. Stephens Spine & Neurosciences Institute, the Myeloma Institute, the Harvey & Bernice Jones Eye Institute, the Psychiatric Research Institute, the Donald W. Reynolds Institute on Aging

and the Translational Research Institute. It is the only adult Level 1 trauma center in the state. UAMS has 2,870 students, 799 medical residents and six dental residents. It is the state's largest public employer with more than 10,000 employees, including about 1,200 physicians who provide care to patients at UAMS and its regional campuses throughout the state, Arkansas Children's Hospital, the VA Medical Center and Baptist Health. Visit www.uams.edu or www.uamshealth.com. Find us on [Facebook](#), [Twitter](#), [YouTube](#) or [Instagram](#).

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