

**Remember...**

**Hand Hygiene Saves Lives**



**Handwashing is the single most effective way to prevent infections!**

Know when to use alcohol gel appropriately and encourage all other co-workers, patients, and visitors to do the same.

**Together We Can Make a Difference!**

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**Infection Control is  
Everybody's Business**



**UAMS Infection Control**

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## What does Infection Control mean?

Prevention and/or controlling the spread of healthcare-associated infections (HAI's) are important to everybody!

## Why is it important?

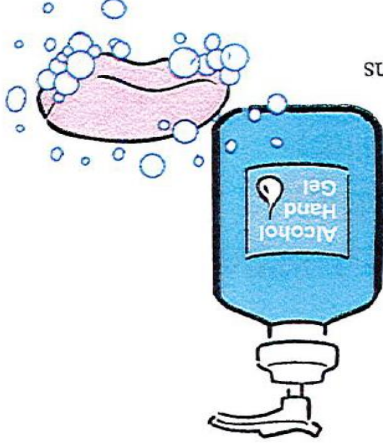
- HAI's are potentially life-threatening and ALWAYS costly. Patients, visitors, and healthcare workers are at risk because:
- Patients may be infected on admission and expose others.
- Seriously ill or injured patients are more susceptible to infection than healthy people.
- The hospital environment as a whole supports the growth of bacteria that lead to infection.

## How is it done?

### WASH YOUR HANDS!

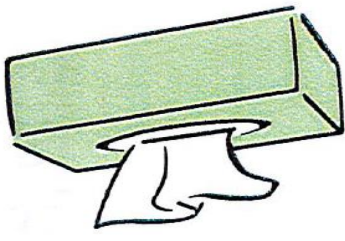
Know when to use alcohol-based hand gel:

- Before and after work
- Before and after any patient contact
- Before and after handling food
- After handling contaminated items
- After personal care



To help stop the spread of germs:

- Cover your mouth and nose with a tissue when you cough or sneeze.



- If you don't have a tissue, cough or sneeze into your upper sleeve, not your hands.
- Put your used tissue in the waste basket.
- Wash your hands or use alcohol gel after coughing or sneezing.

# Who is Responsible for Infection Control? You Are!

No matter where you work in the hospital, you'll find potential infection hazards.

- Be Alert! Protect yourself and our patients.

- Observe ALL isolation precautions! They protect fellow employees, patients, and visitors.

- Dispose of contaminated materials properly.

- Perform ALL sterile techniques per hospital policy.

