

Slice of Life

Veggie Pita Pizza

Ingredients:

3 tablespoons olive oil
1 cup peeled and chopped eggplant
1 cup chopped yellow squash
1 cup chopped zucchini
½ cup chopped onion
1/4th teaspoon minced garlic
1 pita round for each serving
½ cup chopped tomato (any kind)
¼ cup sliced black olives
1 tablespoon Italian salad dressing
¼ cup shredded mozzarella cheese

Directions:

Heat skillet to medium high.
In oil, Sauté eggplant, squash, zucchini, onion and garlic until tender.
Toast Pita bread rounds
Spoon desired amount of veggie mixture on top of Pita bread.
Top with tomato and olives
Drizzle with Italian dressing
Top with mozzarella cheese
Broil until cheese melted.
Makes 2 servings

Submitted by: Janice Lee