

Holistic Hummus Pizza

Hummus Pizza

Ingredients:

1 pre-made pizza crust or flat bread

1/4- 1/3 cup of basil pesto

1/4- 1/3 cup of hummus of your choice

Chopped fresh tomatoes, enough to cover the hummus

Shredded mozzarella cheese to cover tomatoes

Directions:

Spread a thin layer of pesto on the crust, followed by a thin layer of hummus. Top with chopped tomatoes and mozzarella cheese. Bake according to the directions on the package of crust or flat bread, usually between 400-425 degrees for 8-10 minutes, until cheese is melted and golden brown.

Submitted by: Lisa Odena