

# Chicken Therapy

## Creamy Italian Chicken and Noodles

### **Ingredients:**

4-5 boneless/skinless chicken breasts  
2 cans cream of chicken  
2 Italian seasoning mix pkts  
1 8oz block of cream cheese  
1-2 pkgs of egg noodles

### **Directions:**

Combine all ingredients in crockpot and cook low for 6-8 hrs or until chicken can be easily shredded. Cook noodles. Serve chicken over noodles.

*Submitted by: Melissa Tillman*