

Here is what we need you to do **BEFORE** your baby goes home!

Your baby will need a primary care provider (PCP) for the newborn appointment after they are discharged from the hospital.

So please choose a doctor and let someone on your baby's care team know who you have chosen.

If you need help finding a doctor, please ask your baby's nurse/doctor to contact the NICU Discharge Coordinator for a list of doctors in your area.



If your baby has **ARKids insurance**, please call Connect Care to choose (assign) a doctor.

Connect Care has a toll free number: 1-800-275-1131

Connect Care is open Monday – Friday, 8am – 4:30pm

AND

You will need to attend the Discharge Teaching and Infant Safety Class so please go to the NICU front desk and sign up for a class before your baby's week of discharge!

- Classes are available every Monday at 11 am and Friday at 2 pm, unless it is a holiday.
- Classes are free and open to all caregivers.
- Classes are limited to 8 people so please list all of the names of people who plan to attend with you!
- Please meet in the Patient and Family Education classroom on the 9th floor of the main hospital at your scheduled class day/time.
- Please allow one hour for the class.



If you are unable to attend one of the scheduled classes, please let your baby's nurse know so other arrangements can be made.