

# COVID-19

UAMS Health



## MAIN OPERATING ROOM

### Patients Scheduled for an Elective Surgery

UAMS Patient:

You are scheduled for an elective surgery in the Main Operating Room. Elective surgeries are planned ahead of time and are not an emergency. Your surgery is on:

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(Day of week)                      (Month)                      (Date)                      (Year)

Please read all of these instructions to be sure you are ready for your surgery. We have changed some things due to COVID-19, so please read carefully, even if you have had surgeries at UAMS before. If you have any questions, please call the clinic where your surgery was scheduled.

#### Before Your Surgery:

If you are having a surgery with anesthesia, you will get a call from the Anesthesia Preoperative Evaluation Clinic 2 or 3 days before your surgery. They will give you instructions and ask you to complete an assessment.

You will need come to UAMS to be tested 72 hours (3 days) before your surgery. If you are tested less than 2 days before your surgery, we may not have your test results, which will cause your surgery to be rescheduled.

Please come to UAMS for your test on the date and time written below:

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(Day of week)                      (Month)                      (Date)                      (Year)                      (Timeframe: 8:30-11:30)

#### To get your COVID-19 test:

1. Please go to the UAMS drive-thru screening and testing area. It is on the UAMS campus in Little Rock, at the corner of Shuffield and Jack Stephens Drive (across from the Spine Institute). Look for signs directing you to COVID-19 screening. The drive-thru is open Monday - Friday 8 a.m. – 4:30 p.m. It is open from 8 a.m. to noon on Saturdays, Sundays and holidays.
2. Call 501-296-1531 to register and say you need to be tested for COVID-19 because have a scheduled surgery at UAMS. Be sure to say “Scheduled Surgery” when you call.
3. Follow instructions from the UAMS employees at the drive-thru testing site.

#### After you are tested:

It is very important that you stay away from people who may have COVID-19:

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- You must stay at home until you come to UAMS for your surgery.
- You may only be around the people you live with. Do not allow visitors at your house.
- If someone at your house is sick, stay away from them.

If your COVID-19 test is positive or we are not able to get your results, we will need to reschedule your surgery. We will call you to remind you about your surgery the day before or on Friday before for a Monday surgery.

## On the Day of Your Surgery:

When you come to UAMS for your surgery:

- You will need to be dropped off at the Hospital Main entrance. The drop off location is located directly in front of the large water fountain.
- No one will be able to come into UAMS with you.
- Before you get out of the car, please call 501-686-7677 to let the pre-operative unit know you have arrived.
- You will have to wear a mask. A cloth mask is fine. Please bring one with you. If you do not have one, use a handkerchief or other piece of fabric to cover your mouth and nose. Put your mask on before you get out of the car. Leave it on until a staff member lets you know you can take it off.
- An employee will do a short health screening for COVID-19 before you come into UAMS. This is different from the COVID-19 test in the drive-thru. They will take your temperature and ask you a few questions about your health and travel.
- Please have the name and phone number of the person who will drive you home ready to give to the UAMS registration employee. We will call to let them know when to come get you.

## After your surgery:

- Someone will need to come to UAMS and drive you home.
- Be very careful and do the following to help prevent getting COVID-19 after your surgery. If you get COVID-19 after your surgery, it may be harder for you to heal, and your symptoms could be more severe.
  - Follow your doctor's instructions carefully.
  - Watch for symptoms of COVID-19 and notify your doctor's office immediately if you begin to have fever, new onset of a cough, sore throat, or other symptoms.
  - Wash your hands with soap and water
  - Avoid close contact with others
  - Stay home as much as possible
  - Wear a face mask when you leave your house
  - Clean and disinfect surfaces in your home that get touched a lot
  - Stay away from people who are sick.