

# COVID-19

## Women and Infants Visitation Guidelines

AUGUST 25, 2020



- **Visitors are not allowed for patients who have tested positive for COVID-19 and have symptoms or for those who are suspected of having COVID-19.**
- **All parents and visitors must wear a mask (excluding N95 or other types of respirators) at all times. A UAMS mask will be provided if the parent or visitor does not have one of their own. The mask must be changed if it becomes wet, soiled or damaged.**
- **Visitors must sign a Visitor Safety Agreement and pass a health screening in order to get a wristband. A wristband is required to enter the hospital.**
- **A current wristband must be worn at all times.**
- **Visitors who violate these guidelines will be asked to leave UAMS and not allowed to return.**
- **All visitors must pass a health screening twice a day. If a visitor does not pass the health screening, he/she will be asked to leave the hospital. Please notify the patient's nurse immediately if a visitor develops any of the following symptoms: fever, cough, sore throat, shortness of breath, chills, muscle aches or loss of taste or smell.**
- **UAMS will deliver meals to all visitors.**

### Labor and Delivery/After Delivery Visitation

- Visitors are not allowed while mothers are in triage.
- Anyone who comes to the hospital with the patient should wait outside the hospital while the patient is in triage.
- One support person will be allowed during labor and delivery and up to 48 hours after delivery.
- If a mother is discharged before her baby, she will be allowed to stay with the baby, but no other visitors will be allowed.
- Visitors may not leave the patient's room.

### NICU Visitation

- NICU visitation is limited to TWO designated visitors throughout the baby's hospitalization. Only ONE visitor can be present per day. Visitors in the hospital at 8 a.m. or later count as the visitor for the day.
- The designated visitor can stay overnight in the baby's room.
- You must remain in the room or the immediate area of the room at all times. You can also spend time outside on the patio on the 4th floor of the hospital.
- If you leave the hospital, you will not be able to return until 6:30 a.m. the following morning.
- You must eat meals in your baby's room. Please throw away your trash and store uneaten food in sealed containers.
- The Family Home near the hospital has a limited number of rooms for families who do not live locally.

### RMHC Family Room

The Ronald McDonald Family Room at UAMS may be available for laundry and showering. Please ask your nurse for more information about availability.

The Ronald McDonald Charities of Arkansas will continue to provide some meals and snack bags for NICU moms. Ask the NICU charge nurse or unit social worker for more information.