

# PPE Observation Checklist – COVID-19

Observer Name \_\_\_\_\_ Room \_\_\_\_\_

Person Observed \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_ A/P

## Supplies:

<input type="checkbox"/> Isolation Gown	<input type="checkbox"/> Gloves	<input type="checkbox"/> Alcohol Foam/Gel
<input type="checkbox"/> Mask <i>Surgical/procedural, N95, or CAPR (Note: N95/CAPR should be properly fitted by OH&amp;S and used for patients requiring airborne isolation or while conducting an aerosol generating procedure on a suspected/confirmed COVID-19 patient)</i>	<input type="checkbox"/> Eye Protection <i>Face shield, goggles, or safety shield glasses. (Choose eye protections with as small gaps as possible to provide maximum coverage.)</i>	<input type="checkbox"/> Disinfecting Wipes <i>Purple top</i>

Remember to remove jewelry/watches and make sure hair (if it touches the shoulder) is pulled back/up.

Label reusable PPE

## Putting on (Donning) PPE:

**Wash hands** with soap and water or with alcohol foam/gel.

### Gown:

- Used thumb holes.
- Tied gown in back.
- Gathered sleeve in fist and put hand in glove for coverage over the back of hand.
- Pulled gloves up to the wrist.
- Maximum coverage at shoulders and front of body

### Mask:

#### Surgical/procedural mask

- Fitted above your nose
- Fitted under chin
- Provides proper coverage

#### N95

- Top elastic first, above ear level
- Bottom elastic second, below ears, around neck

#### CAPR

- Insert lens on front of helmet before donning
- Put helmet on over head
- Pull membrane down under chin
- Ratchet back of helmet to ensure snug fit
- Charged battery pack in pocket secured under gown
- Green light visible to person wearing helmet
- Cord in back to prevent contamination

### Eye Protection: Face shield

- Foam piece above eyebrow

#### Goggles

- Ensure snug fit

#### Safety shield glasses

- Properly assembled with plastic lens touching the face

Eyes, nose and mouth are covered and protected

While in the room, keep hands above waist

Do not touch your Vocera while in the room

# Taking off (Doffing) PPE:

## Inside the Patient Room:

Watch for contamination around the neckline and gloves

- Clean gloves using alcohol foam/gel and let them air dry
- Put hands at chest (at least 2 inches from neckline) gather front of gown and pull forward to snap neck
- Roll gown down toward the outside. Gather at waist and pull forward to snap the waist. Gown must not touch the person or their clothing.
- Hold gown in one hand and remove the other arm just to the point of glove resistance (glove should not be visible)
- Hold with the other hand clean side to clean side and pull the other sleeve to the point of glove resistance. Take clean thumb to the inside on the palm side of opposite hand and push glove off free and clear. Take your clean hand to the skin side of the glove and push free and clear. You've removed your gown safely. Throw this away in the regular trash inside the room.
- Clean hands with alcohol foam/gel at this point. Allow to air dry.
- Leave the room with untouched face shield/goggles and mask still in place, closing door behind you.

## Outside the Patient Room:

- Clean hands with alcohol foam/gel again and allow to air dry.

### Eye Protection – DO NOT touch front while removing

- |   |   |
|---|---|
| <input type="checkbox"/> <b>Face shield</b>           | <input type="checkbox"/> Apply clean gloves   |
|   | <input type="checkbox"/> Reach behind your head and grab the band of the face shield to remove  |
|   | <input type="checkbox"/> Clean inside first, then outside of face shield with a purple top wipe |
| <br>  |   |
| <input type="checkbox"/> <b>Goggles</b>               | <input type="checkbox"/> Apply clean gloves   |
|   | <input type="checkbox"/> Remove goggles   |
|   | <input type="checkbox"/> Clean inside first, then outside of goggles with a purple top wipe     |
| <br>  |   |
| <input type="checkbox"/> <b>Safety shield glasses</b> | <input type="checkbox"/> Apply clean gloves   |
|   | <input type="checkbox"/> Remove safety shield glasses   |
|   | <input type="checkbox"/> Clean inside first, then outside with a purple top wipe                |
|   | <input type="checkbox"/> Disassemble and clean inside and then outside with a purple top wipe   |
- Remove gloves
  - Clean hands with alcohol foam/gel and allow to air dry
  - Store the clean eye protection in a designated clean space (i.e. labeled paper bag or hook)
    - Face Shield can be reused by a single person
    - Goggles and Safety Shield Glasses can be used by multiple healthcare providers

### Mask/Respirator – DO NOT touch front while removing

- |  |   |
|--|---|
| <input type="checkbox"/> <b>Surgical/procedural mask</b> | <input type="checkbox"/> Remove mask by the ear loops without touching the front of the mask                              |
|  | <input type="checkbox"/> Drop mask in trash   |
| <br>   |   |
| <input type="checkbox"/> <b>N95</b>                      | <input type="checkbox"/> Reach behind head, remove bottom elastic band first  |
|  | <input type="checkbox"/> Do not let mask fall forward off the chin  |
|  | <input type="checkbox"/> Drop mask in trash if appropriate – if an aerosolizing procedure was performed                   |
|  | <input type="checkbox"/> If an aerosolizing procedure was <b>NOT</b> performed, store in a designated clean space         |
| <br>   |   |
| <input type="checkbox"/> <b>CAPR</b>                     | <input type="checkbox"/> Apply clean gloves. Hold firmly in front with one hand and un-ratchet the helmet with the other. |
|  | <input type="checkbox"/> Gently remove helmet   |
|  | <input type="checkbox"/> Hold as far away from body as possible and place in a designated cleaning space                  |
|  | <input type="checkbox"/> Refer to "CAPR Cleaning Checklist" for proper cleaning procedure                                 |
|  | <input type="checkbox"/> Clean your hands at the first point of availability (alcohol outside room)                       |
- Wash hands with soap and water.
  - Store the clean mask/respirator in a designated clean space (i.e. labeled paper bag or hook)